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Winnipeg metro



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**U.S.
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metroNEWS

FILLING A *cultural* GAP

**Art exhibit highlights
legacy of '60s Scoop**
metroNEWS



Urban Shaman Gallery
director Daina Warren
LYLE STAFFORD/FOR METRO

Provincial nominee fee stays put

IMMIGRATION

**Minister says
\$500 'modest'
amid concerns
about impact
on students**

**Jessica
Botelho-Urbanski**
Metro | Winnipeg

Minister of Education and Training Ian Wishart touted long-planned changes to the Manitoba Provincial Nominee Program Thursday, including the creation of an online jobs portal for applicants to explore when looking for work.

But critics have decried one major change: the integration of a \$500 fee for all new MPNP applicants, including international students.

Wishart called the fee "modest" in comparison to those of

other provinces like Ontario, which charges immigration nominees between \$1,500 to \$2,000.

"We are very modest in our fee and we are putting that money right back into the immigrant and refugee community. It'll benefit that group specifically," Wishart told reporters.

Michael Barkman, chairperson for the Canadian Federation of Students' Manitoba chapter, said the way to encourage more international students

to study here isn't by tacking on extra costs.

"We know that international students are so beneficial for our economy, society and culture in Manitoba," Barkman said. "We think it's a really bad move or a step in the wrong direction to be placing a fee for citizenship."

International students already pay two to three times more tuition than domestic students in Manitoba, Barkman said.

"Right now (international

students) are at the whim of institutions who can raise their fees whenever they feel like and that has certainly happened at all universities," he said.

Tong Shu, a 28-year-old from China, said he chose to study engineering at the U of M because it was among the most affordable options in Canada at the time — he paid \$43,000 for seven years of school.

He now works at Manitoba Hydro, but can't officially join the professional association of

engineers until his Canadian permanent residency application is accepted.

Shu hoped another MPNP change Wishart promised Thursday — waits of no more than six months for applicants — would help future international students settle more quickly.

With Manitoba expecting to accommodate 5,500 provincial nominees this year, revenue from its new \$500 processing fee could generate about \$2.75 million.



'Trashcona' tops litter survey

CLEAN STREETS

Area scored the best while the city average didn't change

Braeden Jones
Metro | Winnipeg

There's good news, and then there's garbage.

The good news is there are "more and more" Winnipeggers getting involved each spring to help clean up litter, according to Take Pride Winnipeg Executive Director Tom Ethans.

But the garbage is... strewn across the city, "same as every year," and despite persistent messaging about how easy it is to properly dispose of trash and recycling, "littering is still a problem."

Take Pride Winnipeg recently released its annual litter index, which assesses various sections of the city on a score



Transcona, generally it had been bad for every year, this year it was unbelievably clean.

Tom Ethans,
Take Pride Winnipeg

from one to four — one meaning no litter, and a four meaning loads of litter.

Ethans, who has done the assessment for the past 19 years, said the average score rises and falls but never seems to stay down.

The average score for Winnipeg in 2017 is 2.33, consistent with 2016's average of 2.32, but up from 2015 and 2014 when it was 2.19 and 2.14 respectively.

"Some areas are constantly bad and it disappoints me to see that," Ethans said.

The flip side of that is some areas improve, especially after languishing near the bottom of the rankings.

"For example, Transcona, generally it had been bad for every year, this year it was unbelievably clean," Ethans said.

Alex Morrison, Executive Director of the Transcona Business Improvement Zone (BIZ), said that's because of a poor litter index ranking that stuck the community with the label of "Trashcona" a couple of years ago.

"You can't say that without a fight, that was a rallying cry," she said, noting it "brought the community together."

Transcona has gone from a litter index rating of 2.7 five years ago to a 1.95 today, the best score in Winnipeg.

Two years ago when the BIZ started pulling the community together to fight spring litter with annual spring clean-ups, it was at 2.56.

"We were rated poorly but we got organized," Morrison said.

MAPPED | Winnipeg's worst-littered areas in 2017



Take Pride Winnipeg broke up their analysis into five areas, with Transcona coming out on top. STAFF/TAKE PRIDE WINNIPEG

said. "We have enlisted the help of students, every school in the ward, most community groups, churches, businesses, (sports teams), everyone... we try to coordinate as many groups as possible, and we're meeting with people because there are groups out there we don't even know of."

Area Coun. Russ Wyatt said he's incredibly impressed by the "whole community effort to clean everything up in the spring," giving full credit to the BIZ, businesses that sponsor

the clean-up, and "everyone involved."

Ethans said the fact that "they seem to have gotten the message there" gives him hope that the litter index "makes a difference."

Transcona's annual clean-up, complete with entertainment, team T-shirts, a barbecue and refreshments, will be May 5 this year.

Ethans said there are many other clean-ups organized by schools, churches, groups like the West End BIZ and other

organizations, but for anyone who is just picking up litter on their own, he has a specific challenge.

"For Canada's 150th anniversary I would like to challenge all of the people of Winnipeg to pick up 150 pieces of litter in the next two weeks to help make our city cleaner," he said, noting it's a big summer for visitors to the city, especially with the Canada Summer Games visitors. "If you see litter, just take two seconds and just pick it up,

don't be afraid."

Like Transcona was able to do, Ethans wants Winnipeg to shake off any negative reputation it may have amongst its big-city peers.

"We are trying to change the perception we're the dirtiest," he said. "We're not the dirtiest, not the cleanest, but with the volunteers we get every year by the end of May we're looking pretty good."

"We've got a great city, we just have to all work together to make it clean."

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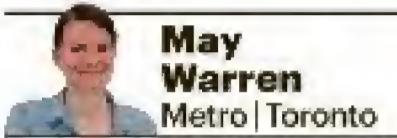
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METROTALKS DAVID MILLER

'People want hope'

David Miller talks to Metro about how people in cities can save the environment



May Warren
Metro | Toronto

It's easy to feel hopeless and overwhelmed by the environmental challenges our planet is facing.

From stopping climate change to protecting endangered species, the tasks are daunting.

But that doesn't mean it's time to give up.

Everyone has the power to make a difference — in many cases right in their own backyards.

It's one of the key messages David Miller, president and CEO of World Wildlife Fund Canada, spreads every chance he gets.

Because, as he puts it, "people want hope."

"They really want to be part of something and know what they can do to make a change," he said.

"There's an incredible thirst for this."

Miller dropped by Metro's offices to talk about the environmental threats we're facing and what can be done.

TREES

The urban canopy matters for biodiversity, animals, birds and people.

It's "extremely important" to provide shade and cool the "urban heat island" that is the concrete jungle.

"There is a beauty and a majesty in trees that speaks to your soul in an urban en-



David Miller has made his own lifestyle changes to become more environmentally friendly. PHOTOS: EDUARDO LIMA/METRO



If you plant something that helps a relatively small species thrive in an urban area, you've made a real difference. David Miller

vironment," Miller said.

WHAT YOU CAN DO

People need to be inspired "to do their part," said Miller,

and protecting and restoring the urban canopy needs to become a priority in cities across the country.

Think before you cut down

a tree in your backyard and plant native trees on your own property where possible.

"When someone wants to cut down a tree in a neighbourhood and people come out en masse, that feeling needs to happen collectively," he said.

WILDLIFE

Miller warned of a "looming crisis in wildlife" that we're not paying attention to.

While we've been focused on climate change, two thirds of the world's population of wildlife could be gone by 2020 due to factors like deforestation.

"This is a really serious situation and it hasn't gotten nearly the attention it deserves," he said.

WHAT YOU CAN DO

Luckily, "nature has the capacity to rebuild if we let it," said Miller.

Globally, this might mean supporting conservation efforts for animals like the Siberian Tiger or the Snow Leopard.

But you can also make a difference in your own backyard or on your condo balcony.

Planting native species is one way to preserve biodiversity in an urban landscape.

WWF-Canada has programs such as In the Zone Gardens, to help with this.

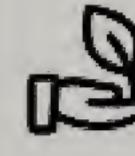
"If you plant something that helps a relatively small species thrive in an urban area, you've made a real difference," Miller said.

"Not everything is a panda but they all matter."

WALKING THE WALK How Miller stays green



He doesn't drink bottled water and plants native species in his garden.



He uses Bullfrog Power electricity and gas at home, which uses methane gas from landfills.



He and his wife have sold their car and walk or take transit instead.



Miller tries to take the train when he can and avoids flying out of Billy Bishop Airport, which he called "a park masquerading as an airport."

THIS WEEKEND CLIMB THE STAIRS

WWF-Canada hosts its annual CN Tower Stair Climb for Nature this weekend.

There's still spots open for climbers on Sunday. Visit wwf.ca for details.

POWER OF CITIES

Canadian cities have been leaders on climate change. Miller said, and "we shouldn't lose sight" of all the successes. While provinces and the feds often talk to each other on climate change and other issues, "cities aren't seen as partners," Miller said.

WHAT YOU CAN DO

Talk to your neighbours and take a community approach when it comes to gardening and planting native species — "act collectively," said Miller.

Volunteer with one of the many small NGOs that work to protect urban ecosystems.



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Officials, athletes getting scans faster

HEALTH REPORT

Auditor general says people of influence often given priority

Manitobans are waiting longer for magnetic resonance imaging tests, partly because some people — such as injured workers, professional athletes and government officials — are given faster service, the province's auditor general said Thursday.

"Some patients were given higher priority for non-medical reasons," Norm Ricard wrote in his 43-page report.

"On average, members of professional sports teams received MRI scans within a day of referral. And some patients with influence — such as government officials, donors or people working in the health care system — received quick scans, often the same or next day and without any priority code assigned to their request forms."

The report said some facilities give priority service to people covered by private insurance, such as pro athletes. One Winnipeg centre has an agreement with the Workers Compensation Board, which pays for the service, to scan injured workers within 20 days.

The report did not delve into which government officials might have received faster service. Ricard said in an interview he did not get into names because of confidentiality rules in the health system. He also said any influential people may have been given priority service without their knowledge.

"We didn't find any conclusive evidence that these people sought expedited access," Ricard said.

Health Minister Kelvin Goertzen said the issue would be examined:

"Any time I hear that some-

"We didn't find any conclusive evidence that these people sought expedited access. Norm Ricard"



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Kevin Dokken

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Winnipeg Transit congratulates Kevin Dokken, recipient of the 2016 Winnipeg Transit Operator of the Year Award. This annual award is given to the Bus Operator who exemplifies Winnipeg Transit's commitment to service excellence by achieving the highest standards in customer service, safety and attendance.

Since joining Winnipeg Transit in May 1985, Kevin has received numerous Customer Commendations and has been the recipient of the Operator of the Month Award on three occasions. Kevin is extremely proud of his driving record, which includes 29 years of Safe Driving.

On behalf of all his regular customers, the entire staff and management at Winnipeg Transit wish to congratulate Kevin Dokken on his outstanding achievement.

Operating a transit bus can be a demanding job that requires more than just excellent driving skills.

Winnipeg Transit wishes to recognize all 1,100 of our professional transit operators for their outstanding service to the community.

2016 Operators of the Month



Winnipeg Transit also wishes to recognize the 2016 Operators of the Month for their outstanding service to the community. Each month, two operators are selected for this award based on their superior customer service, exceptional safety record and exemplary attendance.



JANUARY



W. Baxter

G. McNeill

FEBRUARY



A. Dunstan

L. Jacques

MARCH



E. Genereux

D. Rudolph

APRIL



R. Charriere

E. Sawatzky

MAY



M. Dator

K. Dokken

JUNE



V. Bilous

J. Jablonski

JULY



C. Gill

H. Singh

AUGUST



L. Lumsden

A. Waldner

SEPTEMBER



A. Ho

P. Watson

OCTOBER



B. Beauchamp

B. Chan

NOVEMBER



A. Kauk

D. Malcolm

DECEMBER



J. Riddell

R. Sahota

LAW ENFORCEMENT

Police board still short on two members

Nearly two months after the Winnipeg Police Board lost its chairperson to resignation in the face of controversy, the role is still left unfilled.

Coun. Jeff Browaty resigned from the post Feb. 8 following a call from the board itself for his removal, which in turn was prompted by a lack of confidence expressed by the Indigenous Council on Policing and Crime Prevention. The council called for his dismissal over comments he made publicly questioning

why civic employees should be required to take a half-day training session on the legacy of residential schools.

"If there was confusion for what I said in council in December, I have said I am sorry. I meant no harm or offence to any individual or group," Browaty said in a statement following his resignation. Since his exit, finance chairperson Derek Johannson also resigned to focus on other volunteer roles, including that of the vice-chairperson for the Win-

nipeg Regional Health Authority.

Coun. Ross Eadie, council's lone remaining representative on the police board, said in late March he was worried the two-member shortage would hamper effectiveness.

"I don't think it's right," Eadie said, adding, "the board needs leadership."

This week, Mayor Brian Bowman said he's still working at filling the seat Browaty vacated, but also being careful "to make sure we (get) the best person for

the role."

"When Coun. Browaty resigned I said I would be taking my time," Bowman said. "My designate was Coun. Browaty, and my hope when he was first appointed was that he would be able to fulfill those duties and maintain the confidence of this board. As you know, that wasn't something that ultimately happened, so now we're in a position where we have to find a new chair... but we have excellent people to choose from." BRAEDEN JONES/METRO

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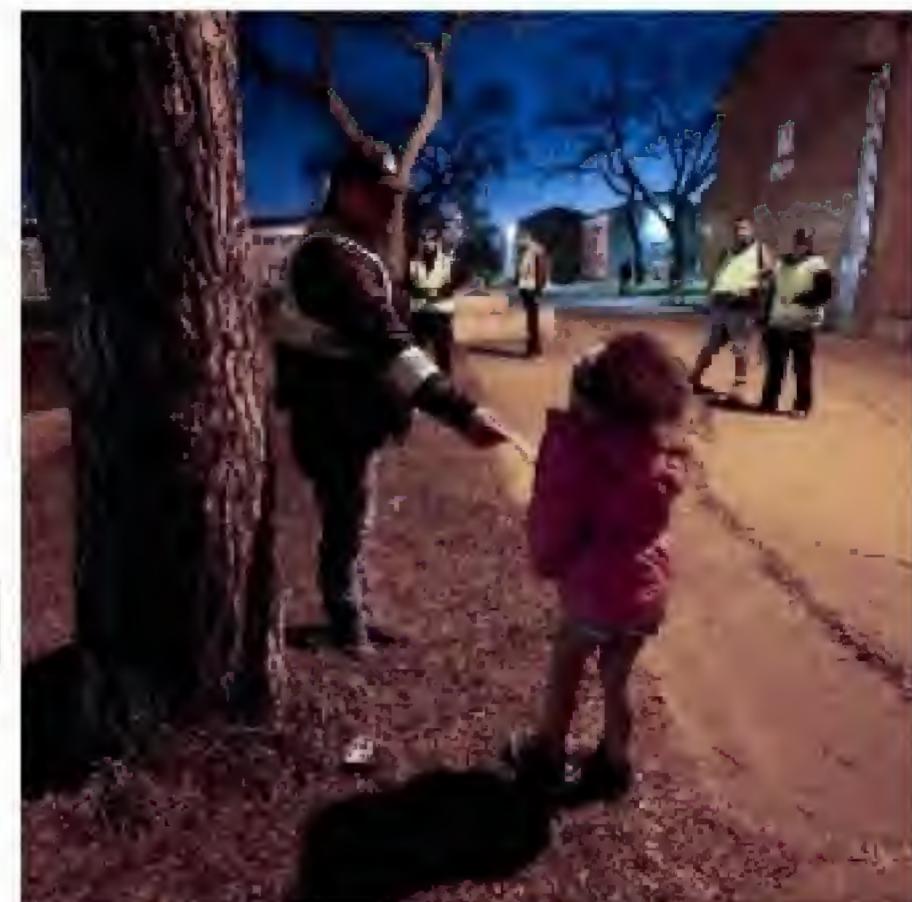
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Bear Clan Patrol volunteer James Favel hands out candy to local children as the clan patrols Winnipeg's North End.

JOHN WOODS/THE CANADIAN PRESS

A 'good reminder'

OUTREACH

Mayor's night with Bear Clan Patrol shows challenges

Braeden Jones
Metro | Winnipeg

Mayor Brian Bowman said his first ever night out with the Bear Clan Patrol was a "heart warming" experience.

"The biggest thing that I learned was just the goodwill members of the Bear Clan have and how well received they are by the community," Bowman said. "I knew they were very much a part of the community, but people in the neighbourhood were so receptive and welcoming."

Both Bowman and police Chief Danny Smyth joined the volunteer-based community outreach and watch group Wednesday night.

Co-founder James Favel said having a pair of the city's most visible leaders on the streets with

his volunteer group of humble, grassroots origins is "a huge endorsement."

"Having them out there for us... it really speaks to the level of trust that we have now," he said. "It legitimizes us in the community."

Favel explained that the route walked Wednesday was a typical patrol and he wasn't trying to sugarcoat anything for the city leaders in tow.

On one hand, "the community responded to having them out, they wanted to be introduced, kids wanted photo-ops."

On the other hand, Bowman was toured under bridges and through areas "where we find drug use going on there, exploitation going on, homeless people that sleep there," Favel said. "We found a few needles last night."

Bowman said he didn't encounter "things that were completely new."

"These are challenges our community has faced for many years," he said. "Just seeing some of those things a little closer... it served as a good reminder of some of the important work we have to do as a community."

IN BRIEF

Manitoba stops tracking CFS wards in hotels

The Manitoba government has stopped tracking the controversial use of hotel rooms to house kids seized by child-welfare workers. The former NDP government promised to stop putting

up kids in hotels, except in exceptional circumstances, after repeated criticism from the province's children's advocate that hotels do not provide adequate security or supports for children taken from their families.

THE CANADIAN PRESS

New exhibit plumbs depths of 'heartbreak'

INDIGENOUS ISSUES

Most of the artists were adopted or had ties to '60s Scoop

Jessica Botelho-Urbanski
Metro | Winnipeg

The largest Canadian art exhibit dedicated to works surrounding the '60s Scoop is coming to Winnipeg Friday.

A Place Between — A '60s Scoop Arts Project has been two years in the making, said Urban Shaman Gallery director Daina Warren, who co-ordinated the exhibit with Marcel Balfour and Janell Henry.

Running April 7 to 29 at Urban Shaman (203-290 McDermot Ave.) and other satellite venues in the city's core, A Place Between aims to spur conversations about the '60s Scoop, adoption and the children who remain in provincial care today.

"I feel like (the '60s Scoop) is one of the last issues from the residential schools' trickle-down effect that hasn't really been discussed in a lot of depth," Warren said in an interview Thursday. "We want to create a space where there's dialogue and kind of make it more public."

The sprawling exhibit features more than 20 Indigenous artists' works, including live perform-



Urban Shaman Gallery director Daina Warren says they wanted to create a space for dialogue about the '60 Scoop.

PHOTOS BY LYLE STAFFORD/FOR METRO

ances, photography, films and a billboard at Neechi Commons.

The billboard by Scott Benesiinaabanda is one of four commissions, including an immersive soundscape by Calgary artist Jesse McMann.

McMann brought in large speakers set up in a wide circle around the art gallery, which she plans to walk and dance between

on Friday at 8 p.m. while surrounded by voices from her past.

"I wanted to have this fence of sound and all this was made by words that were said to me, or statements or beliefs my family has held that sort of held me back," she explained. "And they didn't know of course because of the way adoption ran back in the day. So they were only doing what they thought was best."

Most of the artists whose works are being showcased were adopted or had ties to the '60s Scoop, Warren said.

Billy Joe Green, a blues singer-songwriter from Shoal Lake 40 First Nation, is a residential school survivor whose younger siblings were victims of the '60s



A piece by Mary Longman.



Benjamin Chee Chee,
Mother and Son.

Scoop.

He will also be performing Friday evening and said he hoped non-Indigenous people would come to learn.

"A lot of people just don't understand the depth of the heartbreak that was involved for not only the children, but the parents and grandparents. It was a sad time for many of us," he said of the '60s Scoop.

"There's a big empty cultural gap that somehow we have to fill up with something like this," Green said, motioning around the gallery.

"In order to solve a problem, you have to define the problem and try to find the solutions. Sometimes that's hard to do, especially when people are torn apart by this very '60s Scoop."

Elders will also be on site during afternoon portions of the exhibit's run. For the full schedule, visit urbanshaman.org/site/exhibitions.



Jennifer Brass, Protector of Sacred Texts 1.

5 THINGS TO DO IN WINNIPEG THIS WEEKEND

Punk rock, live-painting and a slew of comedians to round out your weekend.

LUCY SCHOLEY METRO

1 Last LOL weekend

It's your last chance to catch the funny folks at the Winnipeg Comedy Festival. There will be a slew of acts at various venues around the city, including the West End Cultural Centre, Rumor's Comedy Club and so on. Included in the lineup are two showings of CBC Radio's The Debaters, with host Steve Patterson. On either Saturday or Sunday, head to the Club Regent Event Centre, for the 2 p.m. start time. Tickets cost \$30.

2 Soak in a first-time art exhibit

The Winnipeg Art Gallery is welcoming an art exhibit that usually calls Ottawa home. The Governor General's Awards in Visual and Media Arts is making its Manitoba debut on Friday at 7 p.m. All eight winners will showcase their work at the WAG until Sept. 4. The National Gallery of Canada had to bump the exhibit this year to make room for a special showcase for Canada's 150th anniversary. It's the first time this exhibit has been shown outside of Ottawa.

3 Painting and partying

Also in the art theme: It's time for another First Friday in the Exchange District. To mark the occasion, the Hub is hosting Muse — a night of dancing, half-priced bottles of wine and fashion at 441 Main. Local artist Josiah David Koppanyi will be painting live, with DJs John Skene and Tec-G spinning house and R&B. Doors open at 8 p.m. and tickets cost \$10.

4 If you're into the local punk scene ...

Winnipeg punk-rock duo Mobina Galore is showcasing their second album, Feeling Disconnected, before they (and their power chords) tear through Europe. Catch them at the Good Will Social Club on Friday night. Tickets cost \$10 and the show starts at 9 p.m. with guests Union Stockyards, Gaff and the Slasher.

... Or if old-timey rock is more your tune

The two Vancouver-based multi-instrumentalists of the Harpoonist and the Axe Murderer will tear up the Park Theatre with their rock-bluesy blend on Friday night. The show starts at 8 p.m. and tickets are well worth the \$25 price.

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How to protect your cellphone data on Parliament Hill



**Ryan
Tumilty**
Metro | Ottawa

News Parliament Hill and other downtown areas have been the target of cellphone tracking technology should encourage people to use encrypted apps to keep their private information private, experts say.

The CBC reported this week the discovery of three IMSI catcher devices operating in the downtown area. The machines could potentially be used to intercept phone calls and texts.

The devices mimic cellphone towers and essentially fool mobile phones into connecting to them. Nathan Freitas, the director of the Guardian Project, an initiative that offers open-source tools to protect privacy. He's also a fellow at the Berkman Center for Internet & Society at Harvard University. He said the catchers are fairly easy to acquire and can be used to listen to calls, read texts and implant malware on mobile phones.

"For \$2,000 anyone can get a laptop-sized device that is a cell tower that will operate as an ac-



Parliament Hill and other downtown areas have been the target of cellphone tracking technology. CONTRIBUTED

tual cell tower," he said.

Public Safety Minister Ralph Goodale said this week that the RCMP and CSIS confirmed to him that they were not using the devices. He said the agencies are now investigating.

Freitas suggested that those

who want to keep what's on their cellphones away from prying eyes and ears should consider using encrypted messaging apps like Signal and the most recent version of WhatsApp, which he himself uses even for routine communications with his wife.

"Everything we say, whether it's shopping for milk or organizing date night, is encrypted," Freitas said. "It's not about spycraft and secrecy, it's about making sure the conversation you and I are having is between you and I."

It's not about spycraft and secrecy, it's about making sure the conversation you and I are having is between you and I.

Nathan Freitas

He said that, just as information on the internet became more secure over time, the security of mobile communications must tighten up.

"There was a time on the internet when we only encrypted credit cards, and now we encrypt everything," he said. "We need to do that for mobile phones as well."

The government has not issued any specific warnings or instructions to Hill staff, but Scott Bardsley, Goodale's press secretary, said confidential or secret information is not shared over phones.

"It's been publicly known before this incident that cellphones are not secure."



Lynn Beyak

Sen. Lynn Beyak says her removal from the Senate's committee for indigenous people is "a threat to freedom of speech," and claims she is supported by a "silent majority" of Canadians.

The Conservative party leadership booted Beyak from the Senate Committee of Aboriginal Peoples on Wednesday, stating that her controversial speech last month about an "abundance of good" in the country's widely maligned residential school system doesn't jibe with the Tory position.

In a statement Thursday, Beyak bemoaned how it is becoming "difficult" to have a "balanced, truthful discussion" about all issues in Canada.

"Political correctness is stifling opinion and thoughtful conversation that we must be allowed to have if we are to truly improve our great country," the statement said.

"Too often, on a broad range of issues, a vocal minority cries foul and offence whenever a point of view is raised that does not align with their own."

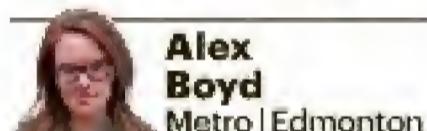
Meanwhile, in the foyer of the House of Commons, New Democrat MPs denounced Beyak's latest statement. Romeo Saganash, a Cree MP from Quebec who attended residential school, repeated his call for her to resign her Senate seat.

"Any person that celebrates genocide, because this was genocide, has no place either in Parliament or the Senate," he said. "Removing her from the committee is not enough. She needs to resign, and the sooner the better."

TORSTAR NEWS SERVICE

ALBERTA

Damage to irreplaceable ice cores a 'nightmare'



**Alex
Boyd**
Metro | Edmonton

When glaciologist Martin Sharp walked into one of the freezers custom-built for the world's largest collection of Canadian ice cores, it felt like a steam room.

"I think every ice core facility on the planet has the same nightmare — that something like this will happen," he said in an interview Thursday.

Due to what university offi-

cials are calling a "freezer failure," the temperature inside the facility rocketed into the 40s on Sunday, up from the -30C or so required to keep the ancient ice cores frozen, Sharp said.

Now 12.8 per cent of the cores — some of which can't be replaced — have been damaged, less than three months after the University of Alberta took possession of the national collection.

"For this to happen so soon after we moved the ice in, it's a total shock," said Sharp, who

is also a professor in the department of Earth and Atmospheric Sciences.

Ice cores are some of the best records scientists have of ancient climates, and Sharp said the "major hit" was to some of the oldest cores.

The damage includes 15 metres of a sample drilled from Mount Logan, which represented 16,000 years of time. Another core taken from the Penny Ice cap included ice that would have been part of a large ice sheet covering North America 22,000

years ago.

Still, he said it could have been much worse.

Most of the cores were supposed to be in the freezer that failed, but a visiting TV crew asked they be moved into another one that had better light for filming.

"Just because of the photography we changed the plan at the last minute, and that saved it," Sharp said.

Sharp said that he feels "sick" for the team that designed and built the freezers, as they took

the job seriously.

In a statement, Vice-President of Facilities and Operations Andrew Sharman said "the loss of any ice core sample is deeply disappointing to the University of Alberta and to our research teams, who plan to use this ice to answer important questions about climate change and our planet's history."

He said the affected freezer has been restored, an investigation is ongoing, and they're working to insure the issue doesn't happen again.

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Trump's many tentacles

When he was elected president, we all knew his adult children were part of the deal

ROSEMARY WESTWOOD
From the U.S.

When Donald Trump moved to the White House, everyone understood the entire adult Trump clan was moving in, too. The Trumps are conjoined like an octopus, with a patriarchal head and a slew of second-generation tentacles, the entire beast of which is pathologically hungry for money.

It was quaint of Trump, before he took office, to offer up a theatrical presentation of piles of papers and folders to convince Americans and the world that Trump's entire business would be legally excised from him during his presidency.

It was quaint, too, of Ivanka Trump to claim that, after modelling her entire life after her father's predilections and the enlargement of the Trump brand, she'd keep out of his business just as that business became taking on the most powerful position in the world.



Donald Trump Jr., Ivanka Trump and Eric Trump, are seen in support of their father Donald Trump during the presidential campaign. GETTY IMAGES

We knew both were lying, the way we know the sun will come up tomorrow. But now there's proof.

ProPublica revealed this week that Trump's trust documents have been amended to allow him to withdraw money from his businesses any time he likes, with no need to tell anyone. Trump's lawyer re-

sponded that Trump has never not been allowed to withdraw money, even though that stipulation was left out of a version of the trust widely scrutinized in late January. The full details of the trust are contained in a document that won't be released, ProPublica reported.

Oversight of Trump's finances, and therefore his

conflicts of interest, remains paltry, given that he still hasn't released his tax returns. His bet that enough people wouldn't care whether he's seeking to enrich himself as president seems to continue to pay off, if only partly because the administration is engulfed in so many simultaneous controversies that this most basic one —

who is he really working for? — has been obscured.

Ivanka, meanwhile, has decided to become an unpaid employee in the West Wing, an "assistant to the president," with an office and an amorphous goal to influence her father's agenda on "women's empowerment" (as she told CBS). She's going to exert her

special powers on an administration hell-bent on destroying the planet, defunding Planned Parenthood, gutting health care, and, simultaneously, making the Trumps richer.

"If being complicit is wanting to be a force for good and to make a positive impact, then I'm complicit," she said, before admitting: "I don't know what it means to be complicit."

Quite. But complicit might as well be the name of our Trumpian octopus. Or, perhaps, nepotism. As Eric Trump pointed out helpfully this week, nepotism is a "factor of life." For evidence, see son-in-law Jared Kushner, "senior advisor to the president," whose foreign diplomacy efforts have sent him to Iraq and saddled him with a Middle East peace deal. Meanwhile, Trump's sons are busy expanding the hotel business domestically and abroad, for which U.S. taxpayers are forking over millions of dollars in secret service detail costs. When you get the one, you get them all.

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U.S. blasts Syrian base with missiles

MILITARY

Sixty Tomahawk missiles launched from Mediterranean

The United States has attacked a Syrian air base with roughly 60 cruise missiles in response to a chemical weapons attack it blames on President Bashar Assad.

U.S. officials say the Tomahawk missiles were fired from two warships in the Mediterranean Sea, targeting a government-controlled air base in Syria.

U.S. officials say Syrian government aircraft killed dozens of civilians by using chlorine mixed with a nerve agent, possibly sarin, earlier this week.

The bombing represents President Donald Trump's most dramatic military order since

taking office. The U.S. president said strike on Syria was made in the "vital national security interest" of the United States.

President Bashar Assad's government came under mounting international pressure Thursday after a chemical attack in northern Syria, with even key ally Russia saying its support is not unconditional.

Turkey, meanwhile, said samples from victims of Tuesday's attack, which killed more than 80 people in the town of Khan Sheikhoun, indicate they were exposed to sarin, a highly toxic nerve agent.

Syria maintains it didn't use chemical weapons, blaming opposition fighters for stockpiling the chemicals. Russia's Defence Ministry said the toxic agents were released when a Syrian airstrike hit a rebel chemical weapons arsenal and munitions factory on the eastern outskirts of Khan Sheikhoun.

The surprise strike marked

I think what happened in Syria is one of the truly egregious crimes and shouldn't have happened and it shouldn't be allowed to happen.

U.S. President Donald Trump



In this photo provided by the U.S. Navy, the Arleigh Burke-class guided-missile destroyer USS Ross departs Rota, Spain, on March 29. The U.S. fired a barrage of cruise missiles into Syria Thursday night in retaliation for this week's gruesome chemical weapons attack against civilians, the first direct American assault on the Syrian government and Donald Trump's most dramatic military order since becoming president. THE ASSOCIATED PRESS

a reversal for Trump, who warned as a candidate against the U.S. getting pulled into the Syrian civil war, now in its seventh year. But the president ap-

peared moved by the photos of children killed in the chemical attack, calling it a "disgrace to humanity" that crossed "a lot of lines."

The president did not announce the attacks in advance, though he and other national security officials ratcheted up their warnings to the Syrian

CANADA

Speaking earlier Thursday, Prime Minister Justin Trudeau offered little hint about Canada's role in any effort to remove the Syrian president. Yet he expressed horror over this week's attack, which killed more than 80 people.

"This is a war crime and the international community must stand firmly against such things," Trudeau said Thursday. "We condemn in the strongest of terms (these) heinous against civilians, children, by chemical weapons." THE CANADIAN PRESS

government throughout the day Thursday.

"I think what happened in Syria is one of the truly egregious crimes and shouldn't have happened and it shouldn't be allowed to happen," Trump said.

U.S. Secretary of State Rex Tillerson said Assad should no longer have a role in governing the Syrian people.

THE ASSOCIATED PRESS

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RUSSIA

Three more arrested in bombing

Russian security agents on Thursday arrested three people suspected of links to a suicide bomber accused of attacking Moscow's subway and deactivated a self-made explosive device in the apartment where the suspects lived.

The Investigative Committee, the nation's top criminal investigation agency, said the suspects are residents of the former Soviet Central Asia region like the bomber, 22-year-old Akbarzhon Dzhahilov, a native of Kyrgyzstan. Dzhahilov blew himself up on a busy subway line Monday, killing himself and 13 others and wounding over 50 people.

The impoverished, predominantly Muslim countries in Central Asia are seen as fertile ground for Islamic extremists, and thousands of their citizens are believed to have joined Daesh in Syria and Iraq.

Thursday's arrests came a day after law enforcement agencies detained eight Central Asian migrants suspected of acting as recruiters for Daesh and al-Qaida's Syria branch.

THE ASSOCIATED PRESS



A man who identified himself as Carlos Henriquez speaks to city council in Portland, Mass., before trying out that pulled Pepsi ad himself. CONTRIBUTED

PORTLAND

That Pepsi ad doesn't work well in real life

Andrew Fifield
Metro | Toronto

Kendall Jenner's rightly and mercilessly mocked Pepsi ad was taken for a real-life spin this week, and it did not go well at all.

A man who identified himself as Carlos Enriquez appeared before city council in Portland, Mass., Wednesday to comment on the protests over treatment of the homeless and the fatal police shooting of 17-year-old Quanice Hayes.

"I'm a former journalist for the Boston Herald," the man said, claims which the Boston Herald denied. "I'm very surprised at how there's so many people who show up to city council and get

angry at you and yell at you," he continued.

Mayor Ted Wheeler cut him off insisting that his comments must be about a towing ordinance currently before council.

But the man stood up and approached the mayor while reaching inside his jacket.

"What I realized is that the language of resistance has not been properly translated to you, so this is for you," he said before pulling out a can of Pepsi to offer the council members, who appeared visibly shaken.

"Whoa, whoa, not a good move. Not a smart move," Mayor Wheeler said as he accepted the can. The man is not expected to face charges.

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Facebook tackles 'fake news'

TECHNOLOGY

Social media giant launches education tool for users

Facebook is taking what it calls a "first step" toward helping Canadians tell the difference between fake news and the real thing online.

As of Friday, the social media giant will post a banner on the top of news feeds in Canada and 14 other countries that directs subscribers to a tip sheet that it hopes will educate users so they can decipher what is, or isn't, false or misleading information.

"It's the first time we're doing something of this magnitude," said Kevin Chan, head of public policy at Facebook.

The banner, to be posted "for a few days," is effectively a public service announcement to the media company's 22 million Canadian subscribers that encourages them to click a link to a 10-point "tip sheet" on how to spot scam information.

The top suggestion: "Be skeptical of headlines." Facebook points out that false news stor-



Facebook is taking what it calls a "first step" toward helping Canadians tell the difference between fake news and the real thing online. GETTY IMAGES

ies often carry catchy headlines, sometimes in all caps.

"If shocking claims in the headline sound unbelievable, they probably are," reads the tip sheet.

The project is the result of a collaboration with media literacy agency MediaSmarts to help Canadians filter their news feeds for fake content, a phenomenon that became a growing concern during and after the 2016 U.S.

presidential election campaign.

But don't expect to see direct warnings attached to potentially dubious Canadian news stories any time soon, like some European and American users.

Facebook says it's still too soon to attach warning labels on so-called "disputed" news stories, like those already being offered to users in the United States, France and the Netherlands.

Facebook users in those coun-

tries can flag news stories for false or misleading content by clicking on a grey downward arrow button on the right side of an article.

"We have very much approached this as 'tests,'" said Chan. "Being able to label (content) is something that one has to be careful about. You don't want to mistakenly label things that may actually be legitimate opinion or satire."

The tips being offered to Canadian Facebook users were inspired by a recent research project carried out by MediaSmarts, in which young people were asked what kind of strategies they use to authenticate information they find online.

"We found that (young people) were quite likely to try and figure out whether something was legitimate or not when they were doing school work," said Matthew Johnson, the director of education at MediaSmarts, a not-for-profit with a self-prescribed mandate of educating young people about digital media.

"But actually they were least likely to do it when they encountered information through social media."

The partnership comes as social media services face increased pressure to govern content that's shared online. THE CANADIAN PRESS

It's the first time we're doing something of this magnitude.

Kevin Chan

IN BRIEF

Trudeau, cabinet praise former PM Mulroney

Prime Minister Trudeau and his cabinet praised former prime minister Brian Mulroney for giving them useful advice during a closed-door meeting Thursday on the upcoming renegotiation of the North American Free Trade Agreement.

It was part of an unprecedented display of non-partisan co-operation, a healing of old political wounds and unity in the name of managing a new, wildly unpredictable U.S. presidency. THE CANADIAN PRESS

Postmedia executive warns of more cost-cutting

After recent rounds of mass layoffs, Postmedia is warning that it still needs to cut costs after revenue plummeted by 13.5 per cent in its latest quarter.

The company, one of Canada's largest in the news media industry, has been unable to shake declines in print advertising and circulation revenue that have taken bite after bite from its bottom line. THE CANADIAN PRESS

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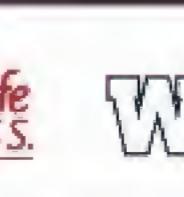
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Your essential daily news

Warts, scars, and wrinkles, oh my! A study in the Journal of the American Medical Association has identified common facial features of movie villains



DECODED by Genna Buck and Andrés Plana

ENERGY, FOR EVERYONE, FOREVER

Humans love heat. Humans love light. And clearly, the sun isn't enough for us. So what if we could just make another one — a miniature version of the star that powers all the life on Earth? It sounds crazy. But it's not science fiction. It's called the **International Thermonuclear Experimental Reactor (ITER)**, and it just might hold the cure for our energy woes.

THE PROJECT

ITER is under construction in the south of France. Once completed, optimistically around 2035, it will have two purposes: scientific research and acting as a test-run for the electricity plant of the future — fusion reactors.

Estimated price tag: **\$20 billion US**; the most expensive scientific instrument ever made. 35 countries are pitching in to the project, which has been plagued by budget problems and delays since its inception in the 1980s.

THE CHEMISTRY

The sun is powered by nuclear fusion: two hydrogen atoms fusing into one helium atom. ITER would replicate the same reaction.

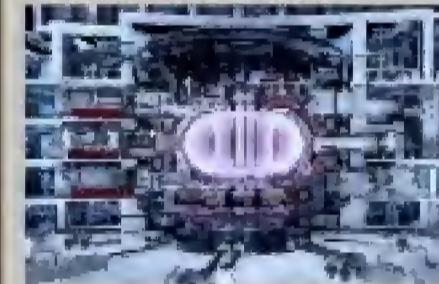
First a powerful electric current heats hydrogen gas, transforming it into plasma.

Cranked up to an out-of-this-world temperature of **150,000,000 C**, the plasma churns around fast enough that it's possible for two hydrogen ions, which would normally repel each other like mismatched magnets, to crash into one another and stick.

This produces one atom of **helium** and one neutral particle called a **neutron**, as well as a whole lot of energy in the form of heat.

The goal for the future would be an unplugged, self-sustaining version of the reactor. The only input needed would be the hydrogen fuel, in two different forms: deuterium (plentiful in seawater) and tritium (scarce but can be made from lithium, an abundant metal).

THE MACHINE



The ITER fusion reactor is called a **tokamak**. The actual reaction will take place within plasma that is suspended in the air in a donut shape by enormous, negatively-charged magnets. These would keep the negatively-charged helium ions inside, but allow the super-hot neutrons to escape through the machine's walls into water-filled cooling towers. In future fusion plants, this heated water will be used to power turbines and alternators, generating electricity the same way a coal plant does. Except fusion produces **four million times more energy than coal**.

FINDINGS
Your week in science



LEAF BOT
A Harvard-designed "bionic leaf" can both do photosynthesis — absorbing sunlight and carbon dioxide to make fuel — and work with soil bacteria to make its own fertilizer. The result? Significantly larger radishes.

T. REX UNMASKED
A study of an exceptionally good fossil has revealed what the *Daspletosaurus horneri*, a close relative of the *Tyrannosaurus rex*, likely looked like up close. Her face was covered in crocodile-like scales, she had a small, fingernail-like horn above each eye, and she lacked lips.

SOUND SMART



DEFINITION
A **torus** is the geometric term for "doughnut shape."

USE IT IN A SENTENCE
Every time Deborah jumps into the pool, we have to fish her out with a **torus**-shaped life ring. She always forgets she doesn't know how to swim.

CITIZEN SCIENTIST by Genna Buck

ENOUGH with the vaccination conversation



Why are measles and mumps back in Ontario? - Dean, Toronto

Much as I like to blame anti-vaxxers, sometimes these things just happen. Mumps was never eliminated in Canada, just drastically reduced. Measles was eradicated here in 1998, so all outbreaks since have started with a case from elsewhere. The Toronto case came from India.

And when measles arrives, no matter how well-vaccinated we are, a few people might get infected locally. The average measles patient exposes 12 to

18 other people, and there's always a chance one of them will be among the few who can't be vaccinated, or for whom the vaccine didn't work.

But that doesn't explain 137 measles cases in Canada in early 2015, or 776 in Quebec in 2011. That's outrageous. It happened because we're under-vaccinated.

Again: Not entirely anti-vaxxers' fault. There's a vulnerable group of Canadian adults who never got a needed MMR booster because they were vaccinated when only one dose was

recommended. Some people's shots are out of date or incomplete because of frequent moves or poor record-keeping or laziness.

If we prioritize it as a community, we can reach people who aren't fully vaccinated. But I don't know what to do about people who won't get vaccinated.

It's not 1998 anymore. How many more public health campaigns do you need? Exactly zero anti-vax talking points hold up to scientific scrutiny. Even worse, research shows explaining to anti-

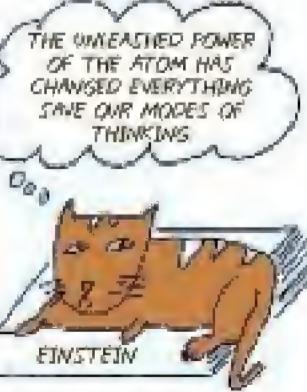
vaxxers why they're wrong tends to make them dig in their heels and listen to reason even less.

Underlying much anti-vaccine rhetoric is the idea that some vaccine-preventable diseases aren't serious (they are), or that getting them somehow builds character. That's not just incorrect, it's evil. Seriously, tell it to the 17 Romanian kids who've died of measles in the past year. Oh wait, you can't. They're dead.

Science Question?

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Smurfette faces existential crisis

IN FOCUS

This may be the most adult plotline in Smurf history

Richard Crouse
For Metro Canada



The all-animated Smurfs: The Lost Village aims to reintroduce the little blue creatures of Smurf Village to a new generation. It's the first time more than one female Smurf exists in the community.

Featuring the voices of Demi Lovato, Joe Manganiello and Michelle Rodriguez, it trades on its inherent cute factor and nostalgia for much of its appeal. There are some good messages for kids woven in and the animation is relentlessly adorable but is there anything here for anyone over the age of five?

In what may be the most adult plotline in Smurf history, it's a hero's journey, a character's search for purpose. It's Joseph Conrad via Smurf Village. Smurfette's Heart of Darkness.

As voiced by Lovato, Smurfette ponders her place in the world. All the other perky pint-sized blue creatures have descriptive names — Clumsy Smurf (Jack McBrayer), Jokey Smurf (Gabriel Iglesias) and Baker Smurf (Gordon Ramsey) — but what exactly, she wonders, is 'ette' supposed to mean?

Smurf aficionados will know she is the only female Smurf,

Voiced by Demi Lovato, Smurfette ponders her place in the world in Smurfs: The Lost Village. The new movie is the first time other female Smurfs are introduced.

CONTRIBUTED



created by wizard Gargamel to sow the seeds of jealousy in Smurf Village. With the help of Papa Smurf she became a beacon of sweetness-and-light and the love interest of Smurfs everywhere.

That's quite a backstory and her quest for purpose is certainly noble, even if her beginnings weren't. The character was first introduced in Franco-Belgian comics magazine Spirou in 1966 as a marketing tool. According to writer Hal Erickson the comely Smurfette was created as a means to "bow to merchandising dictates" and "appeal to little girl toy consumers."

It worked and in the decades that followed Smurfette became

the most sought after toy from Smurf Village.

The Smurfs are big business, in addition to this weekend's big screen animated feature, the "three apples tall" characters have been translated into 30 languages (en français: Les Schtroumpfs, in Dutch: De Smurfen) to create an estimated worth of \$4 billion, but not

all Smurf related marketing has been successful.

Remember Smurf-Berry Crunch? At the height of 1980s Smurf mania Post Cereal released a sugary breakfast cereal they claimed tasted, "like crunchy Smurf Berries... In berry red and Smurfy blue." To ensure the Smurfiest experience possible Post added little

blue corn puff berries laden with food colouring to the mix.

Unfortunately the blue additives weren't easily digestible by the body, leading alarmed parents to report cases of blue and strange coloured poop after breakfast time. According to poopreport.com, "when metabolized in sufficient quantity, the blue dye combines with bile," to form a rainbow effect at potty time. The problem was fixed with the release of Smurf Magic Berries, which contained smurfberrries made of yellow corn puffs and marshmallows.

For Jack Black Smurf-Berry Crunch also brings back some bad memories. The Kung Fu Panda actor remembers his

second professional gig, a breakfast food commercial. "Being in a Smurf-Berry Crunch cereal ad and being pulled along in a red wagon...?" he says, too humiliated to finish the sentence. "My stock plummeted at school."

I was a bit too cynical to buy into the North American Smurf craze of the 1980s — they were so popular one writer called them "kiddie cocaine" — but now in 2017 I see them as something other than an hour-and-a-half advertisement for Smurfs Are Us.

The new incarnation is a sweet kids movie designed for little ones but with just enough grown-up material to keep parents interested.



MOVIE RATINGS by Richard Crouse

Smurfs: The Lost Village ★★★
Going in Style ★★★
Song to Song ★
Giants of Africa ★★★★

HOW RATING WORKS

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DRAMA

10-year-old leading lady is a gift that keeps giving: Evans

Chris Evans glows around his new leading lady, who makes no secret of her excitement at hanging out with Captain America.

She gushingly talks up his talents ("He can tap dance!"), yet is just as quick to keep him honest when he says something questionable. She also travels with a selection of stuffed animals, including a plush seal in a pink dress.

Evans' latest co-star is 10-year-old actress Mckenna Grace. They star together in Gifted, a family drama about a single guy raising his math-prodigy niece, deter-

mined not to let her brilliance interfere with her childhood.

Though Evans is an uncle in real life (his eldest sister has three kids), he says he bonded in a different way with Mckenna: as colleagues. Evans and Gifted director Marc Webb saw dozens of girls read for the role, and Mckenna stood out with her child-like charm yet old-soul maturity.

"She might as well have an apartment," he said. "I'm telling you, I've met lesser pros in adults."

The 10-year-old actress — also a regular on TV's Designated

Survivor — is the kind of professional who asks if she can bring her stuffed seal along while promoting her new film. She also has a plush cat with her at this interview, noting she's allergic to real cats. Mckenna says she isn't a math whiz like her character in Gifted. Instead, she feels like she's gifted with a great family and amazing lifestyle.

"This experience is so wonderful and it makes me so thankful for my life. I'm gifted that I have my family here to support me and that I'm here right now with Chris," she said, adding, "Well, 'Her dad grew up listening

every job could be my last, you know?'

As for Evans' gifts? Mckenna's got that covered, too. "He has lots of secret talents," she said. "He can tap dance! Though he still has not tap danced for me."

Evans sheepishly admits that yes, he does tap dance.

"He can sing and he can tap dance," Mckenna declared, putting a point on the subject like a manager might.

The two did a lot of singing on set between takes, she said — mostly 1990s pop-rock.

to the Presidents of the United States of America, a band back in the '90s," Evans said, "so we would sing Peaches a lot, which was one of their better songs."

Looking at Mckenna warmly, he added: "She couldn't actually hear all of their songs because some of their songs have bad words."

Mckenna said she and her dad also love watching Marvel movies together, so she already knew about Captain America before working with Evans. "He's so much more than Captain America," she said. THE ASSOCIATED PRESS



Mckenna Grace and Chris Evans in Gifted. HANDBOUT

Steve Gow
For Metro Canada

Female pro-wrestling has come a long way since it was a gimmicky '90s novelty that featured women in bikinis whacking each other in pillow-fight matches.

With a recent metamorphosis in philosophy and intent, the sport has been improving the image of female wrestling with less-sexualized stunts and higher profiles. Now, it's even getting a modern makeover in pop culture.

In February, Dwayne Johnson announced he's producing a biopic about WWE superstar Paige while Orange Is New Black creator Jenji Kohan debuts a hotly-anticipated women wrestling Netflix series called Glow in June.

First however, the comedy Chokeslam is about to enter the ring, hitting theatres across Canada this weekend as it gets its wide release.

"Something so mainstream like a movie is huge because it's going to put eyes on an industry that a lot of people didn't know about," said B.C.-born pro-wrestler Chelsea Green, who plays a small role in the film. "It's awesome to see everybody start to turn



Amanda Crew as Sheena DeWilde in Chokeslam, which debuted at October's Calgary International Film Festival. CONTRIBUTED

and become women wrestling fans rather than see women as kind of side pieces."

In Chokeslam, helmed by Calgary director Robert Cuffley, female wrestling certainly isn't treated as a "side piece."

The story is about a waning

wrestling star (played by Amanda Crew) reuniting with an unlikely high school sweetheart. The film doesn't just paint the pugilist in a positive light, it aims to dodge the gimmickry that has previously saddled the female fight game.

"They did a good job when they wrote the character of not doing that," admitted Crew. Not a lifelong wrestling fan herself, the 30-year-old star of HBO's Silicon Valley researched the role and uncovered that life beyond the mat

deserves a respect equal to any vocation.

"The wrestling industry is not a cushy experience," said Crew, who also had WWE icon Mick Foley (another pro playing a smaller role), to lean on for real-life insight into the

sport. "It reminds me a lot of acting careers — just keep your eye on the prize. It's a lot of grind with not a lot of payback but you do it because you love it."

“

It reminds me a lot of acting careers — just keep your eye on the prize. It's a lot of grind with not a lot of payback.

Amanda Crew

Crew also discovered training for the sport was a "transformative experience." Contrary to many stereotypes, wrestling is slowly becoming recognized as an empowering role for women — even in spite of the skimpy costumes.

"By the time I was in that ring in that outfit, I was surprised at how I wasn't insecure at all," admitted Crew, who spent many hours training for the movie which was shot in Lumsden and Regina, Sask. in late 2015.

"I was proud of myself, proud of my body, of what I could do and I felt the most empowered I've ever felt."



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INTERVIEW

The inspirations that shaped David Lynch's intense artistry



“**Sometimes you forget what a master he is. I think it's both the gift he was born with and the nurturing he received.**

Jon Nguyen

When the reboot of Twin Peaks premieres on Showtime next month, it will mark a quarter of a century since David Lynch became a household name.

Sure, the talented creator behind the hit series had already established himself with such art-house hits as Eraserhead and Blue Velvet but Peaks exposed a mainstream audience to the surrealist genius.

"Sometimes you forget what a master he is," said filmmaker Jon Nguyen. "I think it's both the gift that he was born with and the nurturing that he received."

And Nguyen should know. After spending three years hanging around Lynch at his Hollywood home, Nguyen has deconstructed the director in David Lynch: The Art Life — a new documentary that aims to enlighten audiences to the influences that shaped the auteur.

"A lot of people go 'you don't really talk about his movies in the film,'" said Nguyen. "But what they don't understand was our goal, the whole time, was to talk about his films — just in a more obtuse way."

Indeed, the doc certainly isn't a standard hagiography

nor does it even spotlight memorable scenes from Lynch's films.

Rather it's an intimate investigation of the mind behind an incredible 40-year expanse of work of which we can only begin to highlight:

Eraserhead

"Eraserhead represents his early artistic days — a period when he was still struggling and kind of forming who he was," said Nguyen of Lynch's 1977 dystopian debut.

The drama about a man struggling to care for a hideously deformed child stirred up the admiration of the likes of Stanley Kubrick (who borrowed elements for The Shining) and iconic Canadian auteur David Cronenberg.

Twin Peaks

The timing couldn't be more

perfect for a reboot of Lynch's TV tale about the small-town murder of Laura Palmer.

After all, 25 years after its cancellation, the series is praised for shaping television today.

Film critic Matt Zoller Seitz even insists that "everything from The Sopranos to American Horror Story owes it a debt."

Mulholland Drive

"I just watched Mulholland Drive last week and was floored once again by how wonderful that film was," insisted Nguyen, clearly not alone in his admiration for the neo-noir classic.

A recent BBC Poll of global critics named the twisted 2001 tale about a woman struck with amnesia the "best film of the 21st century."

STEVE GOW/FOR METRO

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7 good reasons to listen to S-Town

The twisty-turny podcast from the producers of Serial is hard to define

Jonathan Forani
life@metronews.ca

S-Town, the new blockbuster podcast from the team behind Serial, begins with the spectre of murder.

From the first twang of main subject John B. McLemore's Alabama accent — "Some'n's happ'ned!" — the listener might be inclined to dub S-Town a kind of Serial: Deep South.

The podcast, narrated by longtime This American Life producer Brian Reed, was inspired by an email sent by ancient-clock restorer John B. McLemore from Woodstock, Alabama. Woodstock is an unassuming small town outside of Birmingham in Bibb County, but McLemore prefers to call it "S-t Town," hence the podcast title.

Here are seven reasons to listen to the new seven-part podcast, which has already been downloaded more than 16 million times since March 28, faster than any podcast ever.

1. John B. McLemore's brilliant rants

"I've about had enough of S-t Town and the things that goes on," he tells Reed in episode one. And he's just getting started. Much of S-Town is made up of phone calls where McLemore goes off on fascinating tangents about climate change, Darfur, acid reflux, Facebook and his S-t Town.

2. To gape at the crudeness of Trump's America

McLemore writes to Reed to decry murder, child molesta-



S-Town is hosted by Brian Reed (with headphones), who's normally This American Life's senior producer. He's been working on this story for more than three years. INSTAGRAM

tion and police corruption in Woodstock and requesting the investigative rigour of the This American Life team. When Reed visits the back-room of a local tattoo parlour to investigate a murder, the town's prejudice is as enlightening as it is disturbing.

3. You'll learn more than you thought you wanted to about horology

That's the study of time and clock-making — McLemore's trade. The podcast opens with a description of



a horologist's mazelike task of fixing a broken ancient

clock. The intricate machines become a metaphor for life through McLemore's eyes. At one point, he quotes from a sundial inscription: "Life is tedious and brief."

4. You'd spend time on John B.'s property too

When Reed makes his way to S-Town and gets to know McLemore, he learns the man is in his late forties and lives with his elderly mother on a 128-acre property, where he takes in stray dogs

and prunes an elaborate hedge maze, when he's not fixing clocks or obsessively researching climate change. After finishing S-Town, you'll want to give the maze a go.

5. It's a murder mystery

McLemore had heard that a kid ended up dead in a fight and that someone has been going around Woodstock bragging about the murder. That's just the spark that sets off the greater story that's dif-

ficult to define and becomes much more than a southern whodunit.

6. It's a treasure hunt

When a central character brags of being "unbanked," you'll wonder if you should start converting all your assets into gold and wrap it up in a towel in the freezer before cutting out the gold-diggers in your life.

7. S-Town is not what you think it is

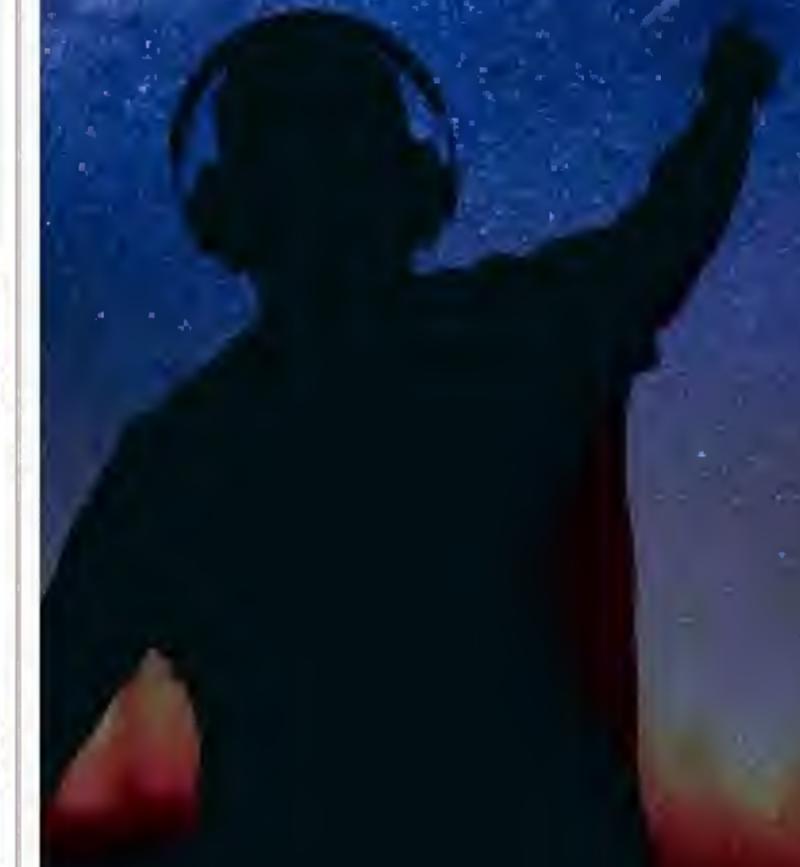
It's not really a true-crime podcast, though it mimics much of Serial's twisty-turny structure. But it's still a riveting investigation, if not as deeply into murder as it first appears, then into the life of one Alabama man. At times S-Town goes so deep that some have accused Reed and his team of invasiveness. If they go too far, it's because there's a lot to mine from a man as fascinating as McLemore, the self-proclaimed black sheep in the community that he so despises but won't leave.

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APOCALYPSE FICTION

Journalist riffs off real-life uprisings in raw debut novel

Sue Carter
For Metro Canada

porter, El Akkad — who was born in Cairo, grew up in Qatar, moved to Canada, and now lives with his family in a remote area outside of Portland, Ore. — observed human universality from a “triple outsider’s” perspective.

“We’re not fundamentally different,” he says. “It’s something I thought about a lot because I come from one part of the world and I live in another. The culture of my family is of one culture and the culture that I consume most often is another.”

El Akkad’s powerful debut



Revenge and suffering have been on Omar El Akkad’s mind for a long time. As a journalist who covered the Arab Spring uprising in Cairo and the birth of the Black Lives Matter movement in Ferguson, Missouri, he witnessed first-hand how similar frustrations drove thousands of people to the streets to face off against militarized forces.

Even before he became a re-

porter, El Akkad — who was born in Cairo, grew up in Qatar, moved to Canada, and now lives with his family in a remote area outside of Portland, Ore. — observed human universality from a “triple outsider’s” perspective.

The novel’s raw, apocalyptic story, which touches on such contemporary fears as terrorism, global warming, and warring ideologies, follows the lively tenacious girl as she is slowly transformed into a broken, hatred-filled husk of a person

after enduring relentless tragedies and torture.

Set near the beginning of the American Civil War in 2075, Sarat’s Louisiana family is forced into a refugee camp where she is recruited into an underground militia resistance effort, propelling a series of events that will have a horrific impact on the entire country.

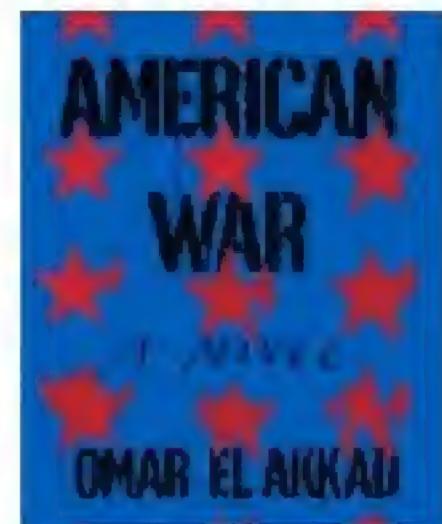
Although American War takes place nearly 60 years into a future where the skies are filled with drones, El Akkad doesn’t consider the novel science fiction.

He says he needed time for the “world to marinate,” so it’s set just far enough away to have the rising sea levels eat up the country’s coasts, and world power to shift from the West to the Bouazizi Empire, a fictitious union of former colonized Arabic

countries.

Many of the landmarks in American War were also inspired by El Akkad’s reporting experiences. The tents in Camp Patience, where the Chestnut family lives for years, is based on a media habitat in Guantánamo Bay, with the physical layout modelled after the NATO airfield in Kandahar. A scene with a polio-vaccination doctor borrows from another experience, when El Akkad toured with a UN vaccination team in Kandahar. An assignment about land loss established the Chestnuts’ home in Louisiana.

But El Akkad says Sarat appeared to him as a fully formed character all her own, albeit one that drew on his own feelings of impermanence and being unanchored. El Akkad doesn’t expect that Sarat will, or should



American War by Omar El Akkad. CONTRIBUTED

draw sympathy. “But what I hope people take away is that you don’t have to get on someone’s side to understand why they do the things they do. I don’t like living in this ‘you’re either with us or against us’ world.”

I don't like living in this
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Omar EL Akkad

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ON THE MENU

'Sense of pride ... through our native foods'

Those curious about the location of the epicurean epicentre of traditional Canadian foods need look no further than Winnipeg itself.

The city is home to the largest indigenous population in the country, and it is the food that is truly the fuel of the nation. It's easy to consider Indigenous dishes as exotic while other food such as poutine or bacon is thought to be arbiters of the Great White North's appetites.

However, in the wake of the call to actions from the Truth and Reconciliation Commission, the next trend in foodie land may just be aboriginal.



FEASTCAFEBISTRO.COM

Spotlighting First Nations' food is why Christa Bruneau-Guenther opened Feast Cafe Bistro. She wants people who eat at her West End restaurant to leave full, on good food and a fuller understanding of First Nation cultures. The plural is important because this is not a homogenous sea to sea to sea food culture; the geography is too varied, the history too deep, to sum it all up in one word.

"I do often think Native food is too broad, so is aboriginal, and I'm tossed with even the word Indigenous. Those terms really mean the first inhabitants — the people that were here first. There is a difference between First Nation, Metis and Inuit foods too, based on how far back in time we go, and again the region," says Bruneau-Guenther.

Some examples of traditional foods are

bannock, beans, Bison, blueberries, corn, cranberries, deer, ducks, hazelnuts, Junior berries, moose, pine nuts, pickerel, pumpkin seeds, sage, Saskatoon berries, squashes, wild garlic, wild ginger, wild greens, wild rice and venison. These items don't show up on the average Canadian grocery list or on the menu of main street restaurants yet they are the foods that fueled nations; one celebrating 150 years in 2017 and others that have lived here for 15,000 years.

"I think we identify and have a sense of pride in who we are through our native foods. This is an area that has been somewhat lost among our people, along with the language, music, and arts," says Bruneau-Guenther. "By showcasing and promoting these foods and remembering what a feast meant to our ancestors, which is celebration, wholeness, sharing, community, love, respecting the land, and animals - being the great equalizer; I feel it might be one of the most important areas to focus on to help achieve the Truth and Reconciliation Commission's calls to action." -WILL MCGUIRK

Let's talk turkey: Time to start planning the holiday dinner

With Easter just around the corner it's time to start planning out the holiday dinner, and turkey is always a top choice for a meal with family and friends.

"Other than it being a lean meat, turkey contains white and dark meat — which appeals to families with diverse tastes," says Lynne Roy, marketing and communications coordinator with Manitoba Turkey Producers. "Turkey feeds a lot of guests, it stores well, and it can be used for leftover meals that can be frozen for future dinners."

But what should you look for when picking out the perfect bird for your guests?

Roy says to first consider how many people you're feeding and advises to plan for one pound per person or one-and-a-half pounds if you want leftovers.

Turkeys range in size from 11 lbs. to as big as 24 lbs. and Roy says there's no difference between fresh and frozen birds.

Granny's Poultry is the largest poultry processor that offers Manitoba-raised turkey.

Manitoba Turkey Producers recommend using a rub to add moisture and flavour to the turkey while it roasts and if you're looking for something less traditional Roy suggests trying a brine or even venturing into the back yard to

cook. "You can barbecue a whole turkey," she says. "The turkey can be cooked over very low direct heat or by using the indirect heat method."

For more tips on the many ways to make a holiday meal with turkey — and delicious recipes using the leftovers — go to makeitwithturkey.ca.



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There's something about the water in Marchand Manitoba — and that's a good thing for Canadian Gold Beverages (2012) — so good, that even the Queen said the then named Prairie Crystal was the best water she ever tasted when she visited in 1984.

In February, the family-owned water bottler from Marchand was awarded the gold medal for best tasting sparkling mineral water and the silver medal for best tasting pure spring water at the 25th annual Berkeley's International Water Tasting Competition — the Academy Awards of water.

"We beat some really big companies," says Peter de Jong, owner and president of Canadian Gold Beverages (2012), which has picked up several gold awards at the competition over the years. "We have an artesian well and it's the natural filtration of the water here in Marchand that makes this water so good. Everything is bottled at source —

we don't distill it or use any chemicals — and our carbonated water is also zero-rated sodium and contains the natural minerals and vitamins that are normally found in pure spring water."

Canadian Gold Beverages (2012), which is Marchand's biggest employer, had closed its doors in the small community when de Jong bought the company in 2012. He says saving the jobs was among one of the reasons he decided to get into the water business and that dedication to community still drives him today.

"We give more than 40 per cent of our profits to charities to help with fundraising," he says. "Over the years we started by helping out many organizations such as the Mennonite Central Committee with Syrian refugees back in 2012 and STARS Air Ambulance."

Canadian Gold also helped raise money for the Portage la Prairie Terriers' player Braden Pettinger after he

was paralyzed during a hockey game last February. The company, which produces the Pic-a-Pop brand, is currently part of fundraising efforts for Winnipeg's West Central Women's Resource Centre which suffered flood damage in January.

While Canadian Gold Beverages (2012)'s focus is local, de Jong says much of their sales are global — their biggest water buyer right now is China. He says here at home the award-winning water is available mostly through "mom and pop stores" and smaller, independent retailers.

"People are not aware that we have the 'best tasting carbonated water' in the world right here at home in Manitoba," says de Jong. "By purchasing our local products, consumers are supporting local charities."

To find a Canadian Gold/TOUCH/Prairie Crystal/Pic-a-Pop Beverage retailer near you go to cdnbg.org.



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A link you'll remember forever

GOLF

Northern Ireland's idyllic courses are a golfer's dream

Brian Kendall
For Metro Canada



"Don't look up until you hear the ball dancing in the cup," my caddy whispered. "Make this and it'll be a fine thing to remember all your days."

My putt for an eagle three at the par-five ninth hole at Royal Portrush Golf Club was the most thrilling moment of a week-long tour of Northern Ireland's famous links courses, including Royal County Down, Portstewart and Ardglass.

Setting up nervously over my ball, I could almost feel the crash of the Atlantic against the towering sand cliffs that define this ruggedly beautiful and wind-blown stretch of coastline. Now largely free of the Troubles that once frightened tourists away, Northern Ireland is drawing record numbers of golfers to its more than 90 courses.

Anticipation is already building for the 2019 Open Championship at Royal Portrush, which will be the first Open hosted by the British province since Englishman Max Faulkner lifted the Claret Jug at this same course in 1951. As many as 200,000 visitors are expected at the biggest sporting event to ever be staged here in terms of prestige and global media



With the Irish Open set for summer and the Open Championship coming in 2019, Northern Ireland is one of the hottest destinations in golf. Left: Royal Portrush is home to one of the most challenging links courses in the world. Right: Portstewart Golf Club was founded in 1894 and redesigned in the 1920's. CONTRIBUTED

exposure.

And this summer Rory McIlroy will return to his native soil to defend his title at the European Tour's Dubai Duty Free Irish Open. Played at Portstewart Golf Club July 6-9, the tournament will showcase a

magnificent — though sometimes underrated — north coast links that twists through massive sand dunes and alongside a tranquil estuary of the River Bann.

Absolutely not to be missed is Royal County Down, the iconic Old Tom Morris design set on a long sweep of Dundrum Bay, an hour's drive down the Irish Sea coastline from Bel-

fast. Vast swathes of gorse and heather line fairways that tumble through sand hills, while tussock-faced bunkers defend approach shots to subtly contoured greens.

Conveniently nearby is Ardglass Golf Club — a course I love more with each visit. Skirting the Irish Sea, Ardglass begins and ends in the middle of a fishing village once occupied by Vikings. Looming over this idyllic setting is the world's oldest club-

house, an imposing if slightly threadbare castle-like structure built in the 14th century.

Despite the stiff competition, it's 2019 Open host Royal Portrush that has naturally grabbed most of the attention. Two new holes are being built to accommodate huge tournament grandstands on a links that spills down a hillside to seaside cliffs in the north coast town of Portrush.

Royal Portrush's most famous

hole is the 14th, Calamity Corner, a par three demanding a heroic carry to a cliff-top green.

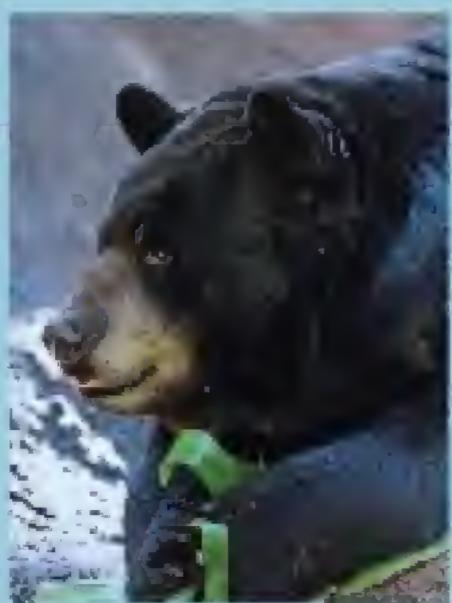
But the defining moment of my trip came at the ninth, where not even three jittery putts that turned an eagle into a routine par could spoil a day of golf on one of the world's outstanding links.

For more golf stories, visit Brian's website at canadiangolftraveler.com

TRAVEL NOTES TRACKING BLACK BEARS, PAULA DEEN PLANS NEW SEAFOOD RESTAURANT, EXHIBITION: QUEER BRITISH ART

Yosemite's new site

Wildlife enthusiasts can now follow the daily journey of Yosemite National Park's black bears from their laptops and smartphones, tracking the animals as they lope around the park. The website Keep Bears Wild shows where select bears fitted with GPS collars are heading. The goal is to draw in the public so they know to slow down while driving and properly store food when they visit the park. THE ASSOCIATED PRESS



Deen's southern eats

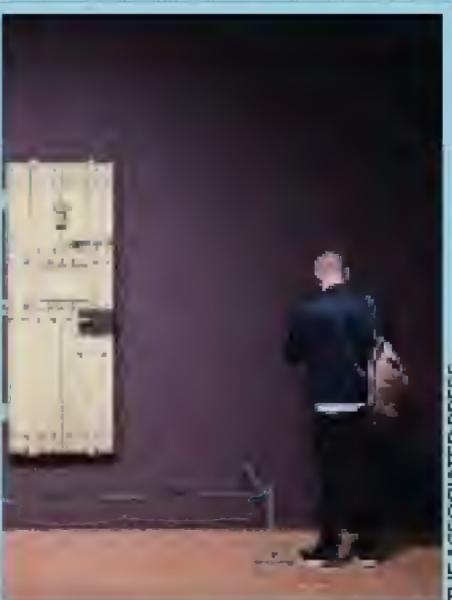
Paula Deen is opening a seafood restaurant on the same waterfront property outside Savannah where Uncle Bubba's Oyster House, an eatery she co-owned, closed in 2014. The celebrity cook plans to open Paula Deen's Creek House in June on Whitemarsh Island. Uncle Bubba's was at the centre of a workplace discrimination suit that hurt Deen's rep after she admitted to having used racial slurs in the past. THE ASSOCIATED PRESS



LGBTQ art at the Tate

A portrait of Oscar Wilde that once hung above the writer's fireplace is on display at London's Tate Britain gallery along with the door to Wilde's prison cell.

The items are part of the Tate exhibition Queer British Art, which charts work "that relates to lesbian, gay, bisexual, trans and queer identities" in the century before homosexuality was partially decriminalized in 1967. The show runs until Oct. 1. THE ASSOCIATED PRESS



THE ASSOCIATED PRESS

Finn-ishing touch

HOCKEY

Canada moves onto final after avenging loss, ousting Finland

Marie-Philip Poulin dashed Finland's hopes of pulling off another upset.

Poulin had a goal and an assist in a two-plus-minute span in the second period, helping Canada pull away and beat the Finns 4-0 on Thursday in the women's hockey world championship semifinals.

"We knew they weren't going to give up and had to keep pressure on them," she said. "We had two big goals in that period to give us a 3-0 lead. We wanted the energy to keep going. We had a good start, which has been lacking the last couple of games."

The Canadians will face the winner of the U.S.-Germany game Friday night for gold.

Finland handed Canada a stunning setback in group play with a 4-3 win, but couldn't come close to duplicating the result.

"We were lucky the score was as close as it was early in the game," Finland coach Pasi Mustonen said. "They were very motivated to have a strong start and they did."

Unless the Finns win bronze on Friday, their coach won't call the tournament a success.

"We have not won anything," Mustonen said. "We came here to win a medal and



WORLDS Semifinals

4	0
CANADA	FINLAND

the only way we can do that is by winning Friday."

The Canadians were in control from start to finish in the rematch. It didn't show up on the scoreboard, though, until late in the first period when Sarah Potomak lifted a shot over Noora Ratty's blocker.

"We wanted to come out fast and that goal was huge for us

to get it on the board," said Potomak, who has been missing classes at the University of Minnesota to play in the world championship.

Canada's Emily Clark added an empty-net goal with 4:29 left and Shannon Szabados wasn't tested much during a 23-save shutout.

Ratty finished with 31 saves for the Finns.

The Canadians will have another chance to redeem themselves against a team that beat them earlier in the tournament. Just after winning an off-ice fight for better wages, the U.S. women's hockey team

beat Canada 2-0 in the world championship opener for both teams. After the loss seemed to linger and lead to a setback to the Finns, the Canadians routed Russia to earn a spot in the semifinals.

"Every time you start with a tough start, that's when you get stronger as a team," Poulin said. "That's what we did. We went through adversity and we knew it wasn't going to be easy. It's the women's world championship and every team, they're here to win that gold medal."

"We're on a mission."
THE ASSOCIATED PRESS

NHL

Jets bring down wobbly Blue Jackets

Jacob Trouba scored twice and Eric Comrie had 35 saves in his NHL debut as the Winnipeg Jets beat the slumping Columbus Blue Jackets 5-4 on Thursday night.

Mark Scheifele, Mathieu Perreault and Bryan Little also scored for the Jets, who held off a late Columbus rally to win their sixth straight game.

The Blue Jackets, who play Pittsburgh in the first round of the Stanley Cup playoffs next week, were again up and down



The Jets' Bryan Little scores on Blue Jackets goalie Joonas Korpisalo on Thursday night in Columbus.

JAY LAPRETE/THE ASSOCIATED PRESS

THURSDAY In Ohio

5	4
JETS	JACKETS

in dropping their fifth straight, the longest losing streak of the season.

The Jets close out another playoff-less season on Saturday in Nashville.

THE ASSOCIATED PRESS

MASTERS

Hoffman enjoying four-stroke lead

Charley Hoffman has the largest first-round lead at Augusta National in 62 years.

Hoffman's 7-under 65 in windy conditions gives him a four-shot edge over William McGirt heading to Friday's second round of the Masters.

That's the largest since the 1955 Masters, when Jack Burke Jr. opened with 67 and was four shots ahead of Julius Boros and Mike Souchak.

But, in a reminder that the tournament is never won on Thursday, Burke followed with a 76 that turned his big lead into a six-shot deficit against Cary Middlecoff, who went on to capture the green jacket in a romp.

How tough were the conditions in the opening round of the Masters?



Dustin Johnson
GETTY IMAGES

Only 11 players broke par Thursday.

It's the fewest players to break par in the first round of the Masters since only nine managed to do it in 2007.

Lee Westwood shot 70 and eight other players are at 71, a group that includes Phil Mickelson, Justin Rose, Jason Dufner and Sergio Garcia.

Meanwhile, Dustin Johnson was forced to withdraw before his 2:03 p.m. tee time. The world's No. 1-ranked player suffered a lower back injury less than 24 hours earlier in a freak fall at the home he was renting for the week. THE ASSOCIATED PRESS

SOCER

Beckie goal spurs Canada to victory

Facing its biggest challenge since last summer's Olympics, Canada dispatched

Rio runner-up Sweden 1-0 in a women's soccer friendly Thursday.

Janine Beckie's 34th-minute strike proved to be the difference on a cold, windy day before a crowd of just over 2,000 in Trelleborg, Sweden.

"I thought we played some

great football," said Canadian coach John Herdman.

"Some of the combination play was as good as I've seen against a Tier 1 team."

The Canadian women wrap up their European tour Sunday against Olympic champion and world No. 1

Germany in Erfurt.

THE CANADIAN PRESS

IN BRIEF

Brazil the new No. 1 in FIFA's latest rankings

Brazil has taken over at the top of the FIFA rankings for the first time since 2010.

After losing Lionel Messi to a four-match ban, Argentina lost 2-0 at Bolivia last week and dropped to No. 2.

World Cup winner Germany is still No. 3, followed by Chile and Colombia.

Canada climbed eight positions to No. 109.

THE ASSOCIATED PRESS

Convicted killer or Jordan's father seeks new trial

A man convicted of killing basketball star Michael Jordan's father more than 20 years ago in North Carolina is seeking a new trial, citing juror and law enforcement misconduct.

Media outlets report a judge heard arguments in the case of 42-year-old Daniel Andre Green, who's serving a life sentence for the killing of James Jordan in Lumberton in 1993.

THE ASSOCIATED PRESS

MAKE IT TONIGHT**Sweet Ginger Apple Skillet Crumble**

Ceri Marsh & Laura Keogh
For Metro Canada

If there's a homier dessert than a crumble, we haven't found it. This apple and ginger combo is a winner on a Friday night.

Ready in 50 minutes

Prep Time: 5 minutes
Cook Time: 45 minutes

Ingredients

- 5 Tbsp cold-pressed coconut oil, melted
- 4 honey crisp apples, thinly sliced
- 2 Tbsp lemon juice
- 1/4 cup spelt flour
- 1/4 cup brown sugar
- 2 tsp ground cinnamon
- 1/4 tsp ground ginger
- 1/2 cup spelt flour
- 1/2 cup quick cook oats
- 1 Tbsp flax meal
- 1/2 tsp salt
- pinch of nutmeg

Directions

1. Preheat the oven to 350.
2. Melt coconut oil in a 10-inch oven-safe skillet, a minute or two. Remove skillet from oven and swirl oil around to coat the pan, then pour off the oil into a glass container; set aside to cool a bit.
3. Place apples in the warm skillet and stir in lemon juice, flour, sugar, cinnamon and ginger.
4. For lopping, combine flour, oats, flax meal, salt and nutmeg in a bowl. Pour in warm coconut oil and, using your hands, work it through the oat mixture until it has small clumps. Take handfuls of the oat mixture and sprinkle across the apples in an even layer, lightly pat it down. Bake for 40 to 45 minutes or until apples are bubbling and fork tender.

FOR MORE MEAL IDEAS, VISIT
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- 1. Learned letters
- 4. Finish
- 7. Some soft drinks
- 13. Arctic explorer John
- 14. Iron; French
- 15. Do documentary dialogue
- 16. Philosophy
- 17. Nova Scotia town on Chedabucto Bay
- 19. Earring kind
- 21. Qatar monetary unit
- 22. Hershey's treat
- 23. Virtue
- 25. '90s-style music storage piece: 2 wds.
- 27. Christian beliefs document of 325 AD. The ___ Creed
- 29. The Troggs: "Love ___ Around"
- 32. ARC = Agence du Canada
- 35. Chows down
- 37. Suit accessory
- 38. Wife, in Latin
- 39. Frank Sinatra: "___ to the Moon"
- 41. Tapestry thread
- 42. Napoleon Wars marshal
- 43. Speak
- 44. Dances to Chubby Checker's famous tune
- 46. Prefix to 'comedy' (Theatrical genre)
- 48. Apple quaffs
- 50. Island in the Strait of Georgia where #1-Across is located
- 52. Bakery supply
- 56. Nobleman
- 58. Flower, in Forterville
- 60. Back



61. As per #50-Across...
British Columbia community which has a ferry terminal: 2 wds.

63. U2's "Where the ___ Have No Name"

65. Flower, in Forterville

67. Entries

68. Flavours
69. 'Velvet' suffix
70. Wknd. day

DOWN

64. Fellow

66. Caustic substance

67. Object

5. Nerves-related prefix
6. Fog machine need: 2 wds.
7. Renaissance painter, Veronese (b.1528 - d.1588)

8. Drift

9. Non-poetic writings

10. Ottawa-born rap star/producer, and classically-trained violinist

11. Luba hit: "Let ___"

12. Very, in Vienna

15. Toronto Raptors, e.g.: 2 wds.

18. Nova Scotia com-

munity historically known for coal production and steel making: 2 wds.

20. All-day breakfast establishment

24. Can

26. Belonging to Milwaukee's 11th state

28. Fridge capacity, e.g., 28 ___

30. Raise

31. Permits

32. Pipsqueak pup

33. One making the opposite of a check mark, say

34. Canadian History: They transported goods between trading posts via birch-bark canoes

36. Head: French

40. Venues

41. Smarter

43. Be under the weather

45. Sardonic

47. Artist's lofty space

49. x 2

51. "I wonder ___ cold outside?" (Should I wear a jacket?)

53. Greek mythology shield

54. Steamy spot

55. Rendezvous

56. Note-paper's sound

57. Katharine's "Butch Cassidy and the Sundance Kid" (1969) character

59. Showbiz performer Martha

62. Rocker Mr. Snider

63. Languish

***IT'S ALL IN THE STARS** Your daily horoscope by Francis Drake

Aries March 21 - April 20
You feel boisterous and "large" today. You want to do everything in a big way! And yes, you feel confident and happy as well. Whoopee!

Taurus April 21 - May 21
Today you feel quietly confident and content with yourself. Success at your job is starting to show, and you know that despite recent obstacles, you can pull this off.

Gemini May 22 - June 21
You feel popular today — and indeed, you are. People are attracted to your positive attitude and exuberance. Naturally, it's because enthusiasm is contagious!

Cancer June 22 - July 23
This is an excellent day to talk to bosses, parents and VIPs, because everyone is in a positive and winning frame of mind. That makes them see you in a good light. Go for it!

Leo July 24 - Aug. 23
You are entertaining big travel ideas today, because you feel the need to get away from all this. You want to go somewhere where life is big and you're thrilled to be there. Do it.

Virgo Aug. 24 - Sept. 23
You are confident when negotiating wills, inheritances or anything regarding shared property. You won't sell yourself short, and you also will be fair with others.

Libra Sept. 24 - Oct. 23
Relationships with partners and close friends are uplifting and fun-filled today. This is a great day to enjoy schmoozing with others, because you're in a good mood. It's just that simple.

Scorpio Oct. 24 - Nov. 22
You can accomplish a lot at work today simply because you know you can. Confidence in doing something is the bottom line to making it happen.

Sagittarius Nov. 23 - Dec. 21
This is a wonderful, playful and creative day! Social excursions, sporting events and fun activities with children will be successful. A romantic date will be memorable.

Capricorn Dec. 22 - Jan. 20
Relationships with family members are positive today, because people are in a good mood. People feel warm and friendly toward each other. This is an excellent day for family discussions.

Aquarius Jan. 21 - Feb. 19
Your positive attitude will guarantee success in everything you do today. It's a strong day for writers, actors, teachers and anyone in sales and marketing. Yahoo!

Pisces
Feb. 20 - March 20
Business and commerce are favored today. "There's money in them thar hills!"

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

7	5							
9		1						
8			6					
6				7				
1	6	9	4	8	5			
9			3					
6	5	8	2	1	4	3	7	
1								9
3	4	7	9	1	6			

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to
metronews.ca/games



5	2	6	1	8	4	9	7	3
1	3	4	7	2	9	8	5	6
8	9	7	3	6	5	2	4	1
2	7	5	4	9	3	1	6	8
3	6	1	2	5	8	7	9	4
9	4	6	6	1	7	5	3	2
6	5	9	8	3	2	4	1	7
7	1	2	9	4	6	3	8	5
4	8	3	5	7	1	6	2	9

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20067326001

5⁹⁶
EA

Babybel
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120-129 g
20574332

3⁹⁷
EA

CLUB SIZE

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ground beef
20001988

LIMIT 6
2⁹⁷
LB
6.54/kg

Kettle Brand
potato chips
selected varieties
200/220 g
20874508001

BUY GROUPS OF 2
2⁵⁰
EA
OR 2.98 EA

Vita Coco 100%
pure coconut
water
1L
20332922

BUY GROUPS OF 2
4⁰⁰
EA
OR 6.49 EA

Nutiva
organic virgin
coconut oil
444 mL
20371617

LIMIT 6
9⁹⁸
OVER LIMIT PAY 12.99 EA

Listerine
multi-benefit
946 mL - 1L or
classic 1.5 L
mouthwash
selected varieties
20301303002

LIMIT 4
6⁹⁸
EA
OVER LIMIT PAY 7.46 EA

Jamieson
vitamin D
selected varieties
180/240's
20299993/ 20344874

LIMIT 4
4¹³
EA
OVER LIMIT PAY 8.27 EA

Jamieson Multi
kids vitamins
or gummies
selected varieties
50/60's
20946451

LIMIT 4
7⁹⁸
EA
OVER LIMIT PAY 10.47 EA

Enfagrow A+
nutritional
supplement
with Omega
selected varieties
680/850 g
20683473

LIMIT 4
18⁹⁸
EA
OVER LIMIT PAY 21.88 EA

Pampers or
Huggies
16x baby wipes
selected varieties
1024-1200's
20802156

LIMIT 4
19⁹⁷
EA
OVER LIMIT PAY 26.47 EA

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Huggies
club size plus
diapers
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20952644

33⁷²
EA

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